# **Youth Olympics 2023**

# Rules and Guidelines

Shenandoah Valley Academy & Elementary June 11, 8:00 am



All teams and participants must be registered and with payment received before June 2, 2023. Registration is not complete until payment is received.

**Early bird** registration until May 31: Children \$15.00; Adults \$20.00 **Late** Registration until June 2: Children \$20.00; Adults \$30.00

# **Male Soccer**

- 1. A <u>one-day sporting insurance</u> is included in the registration fee for each player.
- 2. Max. 18 players per team. 11 Play on field.
- 3. Max. 3 non-church members per team. The registration form must include <u>the signature / authorization from the pastor of the Church.</u>
- 4. No jewelry is allowed (earrings, chains, rings, etc.) for your own safety.
- 5. Players are responsible for wearing the appropriate attire. (Cleats, shin guards)
- 6. Disciplinary actions include Yellow/Red cards.
- 7. The use of profanity and violent actions will lead the player(s) to be expelled from the game, and if failure to follow through with the decision, will lead to forfeit/expulsion of the entire team.
- 8. Unlimited substitutions.
- 9. First elimination phase
  - a. The teams will each play two games.
  - b. Playing time is of 40 minutes, 20 min. each half time with no rest. (But the amount of game time will depend on the number of teams registered and the start time. It will be decided at the discretion of the Youth Ministries Department organizing committee)
  - c. In case of tie, the game will be defined in 3 penalty kicks.
  - d. The teams will qualify for the sudden death tournament.
  - e. Evaluation form for the qualifying teams:

- i. 2 matches won (Points)
- ii. Goal difference
- iii. Fewer cards received (Red)
- iv. Fewer cards received (Yellow)
- v. Goals in favor
- vi. Goals against
- 10. Second elimination phase
  - a. This is a direct elimination phase or sudden death.
  - b. Playing time is of 60 minutes, 30 min. each half time with no rest. (But the amount of game time will depend on the number of teams registered and the start time. It will be decided at the discretion of the Youth Ministries Department organizing committee)
  - c. In case of tie, the game will be defined in 5 penalty kicks.
- 11. Teams should be present 15 min. before their team is scheduled to play, if not they will be disqualified. And the team that it is present, automatically will win by 3 goals in favor.
- 12. If the teams do not have the required number of players to start the game, they will be disqualified.
- 13. The top two teams in each group will advance and play
- 14. Prior to the start of the tournament, **ALL CAPTAINS** must be available for a rundown of the rules, regulations, and explanations. **If they are not present, they will be disqualified.**

# 15. <u>All teams must be registered with payment received before June 2, 2023</u>

#### **Female Soccer**

- 1. A <u>one-day sporting insurance</u> is included in the registration fee for each player.
- 2. Max. 14 players per team. 8 on the field.
- 3. Max. 2 non-church members per team, the registration form must include <u>the signature / authorization from the pastor of the Church.</u>
- 4. Unlimited substitutions.
- 5. Disciplinary actions include Yellow/Red cards.
- 6. Playing time 40 minutes, 20 min. each half time.
- 7. Players are responsible for wearing the appropriate attire. (Cleats, shin guards)
- 8. In case of tie, the game will be defined in 5 penalty kicks.
- The use of profanity and violent actions will lead the player(s) to be expelled from the game, and if failure to follow through with the decision, will lead to forfeit/expulsion of the entire team.
- 10. No jewelry is allowed (earrings, chains, rings, etc.) for your own safety.
- 11. Teams should be present 15 min. before their team is scheduled to play, if not they will be disqualified.
- 12. If the teams do not have the required number of players to start the game they will be disqualified.
- 13. Prior to the start of the tournament, **ALL CAPTAINS** must be available for a rundown of the rules, regulations, and explanations. **If they are not present, they will be disqualified.**
- 14. <u>All teams must be registered with payment received before June 2, 2023</u>

### **Children Soccer**

- 1. A <u>one-day sporting insurance</u> is included in the registration fee for each player.
- 2. Players must be 7 to 12 years old.
- 3. Max. 12 players per team. 7 on the field.
- 4. Max. 2 non-church members per team, the registration form must include <u>the signature /</u> authorization from the pastor of the Church.
- 5. Unlimited substitutions.

- 6. Disciplinary actions include Yellow/Red cards.
- 7. Playing time 40 minutes, 20 min. each half time.
- 8. Players are responsible for wearing the appropriate attire. (Cleats, shin guards)
- 9. In case of tie, the game will be defined in 5 penalty kicks.
- 10. The use of profanity and violent actions will lead the player(s) to be expelled from the game, and if failure to follow through with the decision, will lead to forfeit/expulsion of the entire team.
- 11. No jewelry is allowed (earrings, chains, rings, etc.) for your own safety.
- 12. Teams should be present 15 min before their team is scheduled to play, if not they will be disqualified.
- 13. If the teams do not have the required number of players to start the game they will be disqualified.
- 14. Prior to the start of the tournament, ALL CAPTAINS must be available for a rundown of the rules, regulations, and explanations. **If they are not present, they will be disqualified.**
- 15. <u>All teams must be registered with payment received before June 2, 2023</u>

## **Co-ed Volleyball**

- 1. A <u>one-day sporting insurance</u> is included in the registration fee for each player.
- 2. Max. 10 players per team, play 6 on the court.
- 3. Max. 2 non-church members per team, the registration form must include <u>the signature</u> / authorization from the pastor of the Church.
- 4. At least 2 females on court at all times.
- 5. Per co-ed rules, a male and female must touch the ball every play, if the play consists of more than one volley.
- 6. Each team must turn in their rotation per set prior to beginning each set.
- 7. Each team is allowed a *libero* (defensive specialist) per set. That person must be presented before every match to the scoreboard and their rotation.
- 8. The use of profanity and violent actions will lead the player(s) to be expelled from the game, and if failure to follow through with the

decision, will lead to forfeit/expulsion of the entire team.

- 9. No jewelry is allowed (earrings, chains, rings, etc.) for your own safety.
- 10. Teams should be present 10 min before their team is scheduled to play, if not they will be disqualified.
- 11. Scoring method will be Rally Points to 25pts. Best of 3 sets wins the game.
- 12. Prior to the start of the tournament, **ALL CAPTAINS** must be available for a rundown of the rules, regulations, and explanations. **If they are not present, they will be disqualified.**
- 13. <u>All teams must be registered with payment received before June 2, 2023</u>

#### 3K/5K Run

- 1. A <u>one-day sporting insurance</u> is included in the registration fee for each player.
- 2. Runner must be registered and have an official number.
- 3. Runners need to stay on the running path. If a runner wants to gain advantage by leaving the track they will be disqualified.
- 4. The use of profanity and violent actions will lead the runner(s) to be expelled from the race.
- 5. In each of the 5 categories will award medals to the first 3 finishers (male and female)
  - a. **Age 6 12** = 3/5k
  - b. **Age 13 17** = 3/5k
  - c. **Age 18 35 = 3/5**k
  - d. **Age 36 49** = 3/5k
  - e. **Age 50 99** = 3/5k
- 6. Registration and payment must be received before June 2, 2023

#### **Important Note:**

Each team is responsible for cleaning the area where they are located. All of these rules will be strictly enforced for a well-organized event. Sale of food or drink not permitted unless approved by the Youth Ministries Advisory.

#### **Registration deadlines**

Early bird registration until May 31:

Children \$15.00; adults \$20.00 **Late** Registration until June 2: Children \$20.00; Adults \$30.00