

# Memorandum



POTOMAC CONFERENCE

**To:** Pastors, Youth Pastors, Youth & Pathfinder Leaders  
**From:** Denton Grady, Director of Youth Ministries  
**Date:** 10/17/2011  
**Re:** 2011 iThirst – Young Adult Spiritual Retreat

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Dear Colleagues in Ministry,

Coming up real soon in November is a new event called iThirst. This event is a spiritual retreat specifically designed for the collegiate and young adult community.

We recognize that even at a young age our lives can quickly become rushed, hurried, and demanding, leaving us feeling dried up and needing spiritual refreshment. This spiritual retreat for young adults is designed to be that place where we can go to drink from the Fountain of Living Water.

**Who Is This For:**

iThirst is a spiritual retreat for all young adults 18 years and older. Our particular intent is to offer this service to those who are serious about taking their spiritual quest to a deeper level.

**The Dates:**

iThirst is listed on the conference calendar for November 11-13, 2011. Because our time together will be short, to fully benefit from this retreat we strongly recommend arriving at Camp Blue Ridge by 7:30 pm on Friday evening.

**Location:**

The site of iThirst is Camp Blue Ridge. Nestled back along the Blue Ridge Mountains, Camp Blue Ridge is a pristine retreat center that our Conference owns and operates. The camp is an ideal environment for creating a spiritual atmosphere. Because of our desire to provide private lodging to reduce distractions, we will be limiting our registration number to 50 participants. Be sure to guarantee your spot and send your registration forms in asap.

**SPIRITUAL RETREAT**

**Cost:**

The cost for this spiritual retreat weekend is **\$99 per person**. The final deadline for registration is Thursday, November 3<sup>rd</sup>. To facilitate the registration process we have devised a way over the years to make this easy. Forms can be mailed, faxed, or emailed to us. Payment must be sent in with your registration form by the deadline. All fees are non-refundable.

**Programming:**

The program for iThirst is already in place. What we need from you is to: 1. Come prepared to use all your senses to become aware of what God is trying to tell you. 2. Come with an open mind and be prepared to be blessed!

**Housing:**

Cabins are the source of housing. Each cabin can house comfortably 2 guests (one per side, each side has it's own restroom and shower). This will insure complete privacy. Housing assignments will be made here at our office, so special cabin mate requests should be indicated on your registration form. Participants need to bring their own bedding along with their personal items.

**Meals:**

The registration fee includes all your meals while at the spiritual retreat. All meals are vegetarian, but not vegan. Vegan meals are not available, however, soymilk will be available upon request.

**Registration:**

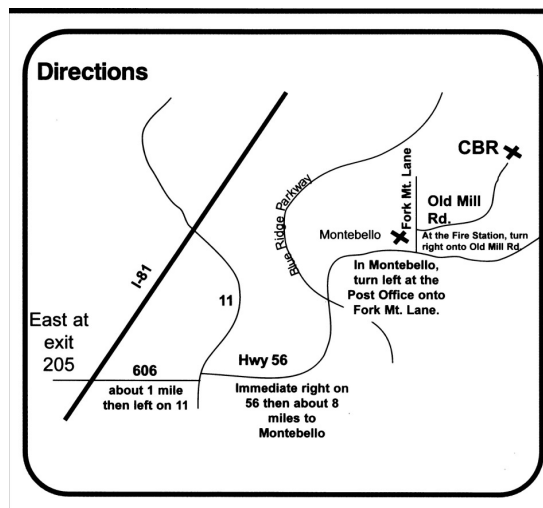
Each participant attending iThirst will need to fill out an application form found in this packet. These must be returned to us along with the registration fee.

**Further Information:**

If you have any questions feel free to call us at the Department for Youth Ministries at 540-886-0771. I can also be reached by e-mail at [youth@pcsd.org](mailto:youth@pcsd.org). Our fax number is 540-886-5734. This same information packet can be downloaded from the Potomac Conference website at [www.pcsda.org/events](http://www.pcsda.org/events).

**Directions to Camp Blue Ridge:**

I-81 to Exit 205 (Raphine/Steeles Tavern). East on Hwy 606 to Hwy 11. Left on Hwy 11 for 200 yds, right on Hwy 56 for 8 ½ miles to Montebello. Left at post office in Montebello on Hwy 667. Camp entrance is first right. The camp phone is 540-377-2413.



## ***iThirst Retreat***

November 11-13, 2011  
Camp Blue Ridge

### **November 11**

- 4 - 6 pm Arrive and get settled
- 5:30-7 pm Supper
- 7:30 pm \*Welcome and Orientation Sonia Perez &  
Jennifer Deans
- 8:30 – 9 pm \*Worship
- 10:30 pm Discipline of Silence until 11 am on  
November 12

### **November 12**

- 7:45 am \*Worship
- 8:15 am Breakfast
- 9:00 am Experience the Word—Quiet time with Jesus
- 11 – 12 pm \*Lessons from the Word
- 12:15 pm Lunch
- 1:15 pm \*Share the Word

### **November 12 continued**

- 3 - 5 pm Free Time/Relax
- 5:30 pm Supper
- 7 - 8 pm \*Worship
- 8 - 10:30 pm Social
- 11:00 pm Discipline of Silence until 10 am on  
November 13

### **November 13**

- 7:45 am \*Worship
- 8:15 am Breakfast
- 9:00 am Experience the Word—Time with Jesus
- 10 - 12 pm \*Lessons from the Word/Communion
- 12:00 pm Lunch

\*These meetings will be in the Town Hall

**iTHIRST**  
Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_

Church: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_

Phone: \_\_\_\_\_

Cabin Mate Request: \_\_\_\_\_

The registration fee for the Teen Bible Retreat is \$99 per person. The registration deadline is November 3. Please fill out one registration form per participant.

**SEND REGISTRATION & PAYMENT TO:**

Youth Ministries  
Potomac Conference of SDA  
606 Greenville Ave  
Staunton, VA 24401  
540-886-0771 or youth@pcsda.org